

Govt.College Una (H.P.)

A report on

## **Pravesh Testing Camp**

(February 14, 2025 to February 18, 2025)

A Pravesh Testing Camp was organized for the newly enrolled Rovers and Rangers from February 14 to February 18, 2025 for the session 2024-2025. The camp aimed to familiarize the participants with the fundamentals of the Bharat Scouts and Guides movement while assessing their skills and knowledge required for the Pravesh level. The camp featured a variety of activities designed to enhance teamwork, leadership, and discipline among the participants. These activities included physical training, knot tying, camp craft, first aid, and group discussions on the Scout/Guide laws and promises. Interactive sessions and hands-on learning experiences helped the new members understand their roles and responsibilities as Rovers and Rangers.

A total of 46 students participated in the camp, out of which 23 were service Rovers and Rangers, along with instructors who guided and mentored the new recruits. Their support and expertise played a vital role in ensuring the success of the event. The camp successfully instilled a sense of responsibility, discipline, and teamwork among the participants. It marked the beginning of their journey in the Scouts and Guides movement, preparing them for future endeavors and service to society.



List of participants who have successfully qualified Pravesh test is:

| Sr.No. | Name            | Class                           | Roll No.   |
|--------|-----------------|---------------------------------|------------|
| 1.     | Kajal           | B.Sc.1 <sup>st</sup> year       | 24PS073    |
| 2.     | Ritu            | B.Sc.1 <sup>st</sup> year       | 24PS045    |
| 3.     | Reena           | M.A.2 <sup>nd</sup> Year        | 24ENG034   |
| 4.     | Payal           | B.Com.1 <sup>st</sup> year      | 24BCM017   |
| 5.     | Aman            | B.A.1 <sup>st</sup> year        | 24SOC008   |
| 6.     | Rahul Kumar     | B.A.1 <sup>st</sup> year        | 24SOC001   |
| 7.     | Deepak          | M.Com.2 <sup>nd</sup> Year      | 23MCM008   |
| 8.     | Jasvir singh    | M.Com.2 <sup>nd</sup> Year      | 23MCM011   |
| 9.     | Nikita          | M.Com.2 <sup>nd</sup> Year      | 23MCM023   |
| 10.    | Manisha         | B.A.1 <sup>st</sup> year        | 24SOC026   |
| 11.    | Riya            | B.A.1 <sup>st</sup> year        | 24SOC009   |
| 12.    | Harshita        | B.A.1 <sup>st</sup> year        | 24SOC012   |
| 13.    | Vanshika        | B.A.1 <sup>st</sup> year        | 24PS074    |
| 14.    | Simarpreet Kaur | B.A.1 <sup>st</sup> year        | 24SOC021   |
| 15.    | Meenakshi       | B.Com.3 <sup>rd</sup> year      | 22BCM123   |
| 16.    | Vicky Kumar     | B.A.1 <sup>st</sup> year        | 24ENG005   |
| 17.    | Aditya          | B.A.1 <sup>st</sup> year        | 24ENG043   |
| 18.    | Tinku           | B.A.1 <sup>st</sup> year        | 24JMC007   |
| 19.    | Keshav          | B.A.1 <sup>st</sup> year        | 24POL056   |
| 20.    | Rahul           | M.A.1 <sup>st</sup> Year (Eco.) | 24MAECO003 |
| 21.    | Harsh           | B.A.1 <sup>st</sup> year        | 24ECO072   |
| 22.    | Krishna         | B.A.1 <sup>st</sup> year        | 24ECO005   |
| 23.    | Mehak           | B.A.1 <sup>st</sup> year        | 24ENG043   |

List of service rovers and rangers:

|     |                 |                                |            |
|-----|-----------------|--------------------------------|------------|
| 1.  | Shilpa          | M.A.1 <sup>st</sup> Year (Eng) | 24MAENG024 |
| 2.  | Tarun Chaudhary | B.A.3 <sup>rd</sup> year       | 23ECO034   |
| 3.  | Jaspreet Singh  | B.A.3 <sup>rd</sup> year       | 22POL016   |
| 4.  | Khushi          | B.A.3 <sup>rd</sup> year       | 22BAM004   |
| 5.  | Payal           | B.A.3 <sup>rd</sup> year       | 22BAM001   |
| 6.  | Jaspreet kaur   | B.Sc.3 <sup>rd</sup> year      | 22BCS004   |
| 6.  | Prerna          | B.Sc.3 <sup>rd</sup> year      | 22BCS068   |
| 7.  | Shalini         | B.Sc.3 <sup>rd</sup> year      | 22BCS019   |
| 8.  | Abhishek Dhiman | B.A.3 <sup>rd</sup> year       | 23ECO016   |
| 9.  | Rajat           | B.Com.3 <sup>rd</sup> year     | 23BCM212   |
| 10. | Shivalika       | M.A.1 <sup>st</sup> Year (Eng) | 24MAENG022 |
| 11. | Isha Devi       | B.A.3 <sup>rd</sup> year       | 23ECO002   |
| 12. | Manpreet Kaur   | B.A.3 <sup>rd</sup> year       | 23ECO005   |
| 13. | Manpreet Beetan | B.A.3 <sup>rd</sup> year       | 24POL025   |
| 14. | Reena Devi      | M.A.1 <sup>st</sup> Year (Eng) | 24MAENG022 |
| 15. | Soma Devi       | B.A.3 <sup>rd</sup> year       | 23ECO012   |

|     |              |                             |          |
|-----|--------------|-----------------------------|----------|
| 16. | Rajeev Kumar | B.A.1 <sup>st</sup> year    | 24SOC014 |
| 17. | Rohit        | B.Com..3 <sup>rd</sup> year | 22BCM171 |
| 18. | Prince Kapil | B.A.2 <sup>nd</sup> year    | 22BCM160 |
| 19. | Dimple       | B.A.1 <sup>st</sup> year    | 24BCM028 |
| 20. | Pooja        | B.A.3 <sup>rd</sup> year    | 22POL034 |
| 21. | Aanchal      | B.A.1 <sup>st</sup> year    | 24ENG042 |
| 22. | Nisha        | B.A.3 <sup>rd</sup> year    | 22HIS067 |
| 23. | Shalini      | B.A.3 <sup>rd</sup> year    | 22POL121 |

### Daily routine wise activities from 14<sup>th</sup> February 2025 to 18<sup>th</sup> February 2025:

| Particulars  | Time               |
|--|--------------------|
| BP six exercises   | 9:00am-9:30am      |
| Prayer,flag song,thought of the day,report of previous day | 9:30am-10:00am     |
| Session 1  | 10:00am-11:30am    |
| Tea break  | 11:30am-12:00 noon |
| Session 2  | 12:00 noon-1:30pm  |
| Lunch break  | 1:30pm-2:30pm      |
| Session 3  | 2:30pm-4:00pm      |
| STA(spare time activity)                                   | 4:00pm-4:30pm      |
| Camp fire  | 4:30pm-5:00pm      |

### Session wise detail:

#### Day 1(14-02-2025)

| Session | Time              | Name of the resource Person | Topic                    |
|---------|-------------------|-----------------------------|--------------------------|
| I       | 10:00am-11:30am   | Inaugral session            |                          |
| II      | 12:00 noon-1:30pm | Ms.Shilpa Sodhi             | Introduction of the camp |
| III     | 2:30pm-4:00pm     | Dr.Sham Singh               | Ice Breaking             |

### Inaugural Session

The Pravesh Camp commenced with a formal inaugural function held in the presence of the Chief Guest, Principal Dr. Meeta Sharma. The program began with *Jyoti Prajwalan* (lighting of the ceremonial lamp) before the idol of Goddess Maa Saraswati, signifying the enlightenment through knowledge and wisdom.

Ranger Leader Dr. Ranju Banota extended a warm welcome to all the dignitaries and guests by presenting the traditional Scout and Guide scarf along with floral bouquets. Student Leader Ms. Shilpa Sodhi gave a concise introduction to the objectives and significance of the Pravesh Camp.

Senior faculty members—Prof. Puneet Prem, Dr. Sanjay Verma, and Dr. Suresh—honored the event with their esteemed presence, adding academic and moral encouragement to the participants. The inaugural session concluded with a formal vote of thanks delivered by Rover Scout Leader Dr. Sham Singh Bains, expressing gratitude to all guests, faculty members, and student participants.

## Campfire

Following a day of engaging sessions and activities, the students participated in a joyful and culturally enriching campfire session. The event served as a platform for students to unwind and express their creativity. In a symbolic representation, four students portrayed the four cardinal directions, introducing themselves with unique identities and reciting traditional *dohas*, highlighting India's cultural richness. The students also revived traditional folk games such as *Koke Lachi Paki* and *Jimme Raat Aayi Hai*, bringing nostalgic charm to the evening. The campfire concluded with energetic dance performances by the students, creating a lively and memorable atmosphere. The participants departed with a sense of joy, bonding, and fresh memories of a fulfilling day at the camp.







## Media Coverage



Divya Himachal ↑↑

Amar Ujala ↑↑

Dated: February 15, 2025

Dated: February 15, 2025



Punjab Kesri ↑↑

Dainik sawera ↑↑

Dated: February 15, 2025

Dated: February 15, 2025

Day 2 (15-02-2025)

| Session | Time              | Name of the resource Person | Topic            |
|---------|-------------------|-----------------------------|------------------|
| I       | 10:00am-11:30am   | Dr.Ranju Banota             | Personal Hygene  |
| II      | 12:00 noon-1:30pm | Prof.Vikas Saini            | Youth Parliament |
| III     | 2:30pm-4:00pm     | Dr.Sham Singh               | Hiking Knots     |

Day 2 began with **B.P. Six exercises** and a **prayer session**, setting a positive and energetic tone for the day. Following this, a **Youth Parliament** was organized in collaboration with the **Department of Political Science**, providing students with an engaging platform to express their views on current issues. **Rovers and Rangers** actively participated in this enriching activity.

Afterwards, students took the initiative to enhance the **Rovers and Rangers Vatika** by planting a **new flower garden** in front of the **Music Room**, adding beauty and vibrancy to the campus.

The day concluded with a joyful and memorable **campfire session**, filled with songs, stories, and laughter, fostering unity and camaraderie among the participants.



Divya Himachal February 16, 2025↑↑





Youth Parliament with Chief Guest Dr.Meeta Sharma ↑↑



Briefing Hiking Knots Dr.Sham Singh Bains



Camp Fire

### Day 3 (16-02-2025)

| Session | Time              | Name of the resource Person | Topic             |
|---------|-------------------|-----------------------------|-------------------|
| I       | 10:00am-11:30am   | Rover Ranger Vatika         | Maintenace        |
| II      | 12:00 noon-1:30pm | Mr.Tarun & Mr.Jaspreet      | Hiking Signs      |
| III     | 2:30pm-4:00pm     | Dr.Sham Singh               | Skill Development |

Day 3 was filled with **enthusiasm and creativity** as students participated in a **Skill Development Session** focused on traditional food preservation. During the session, they prepared various **types of pickles**, showcasing their culinary skills and teamwork.

The pickles prepared during the session were set aside for **sale on the final day** of the camp. The **profits generated** from the sale were thoughtfully utilized to purchase **study materials** for the students of **Government Primary School, Bharolian Khurd**, reflecting the spirit of social responsibility and community service.

As with previous days, the day concluded on a delightful note with a lively **campfire**, strengthening the bond among the participants through music, dance, and shared experiences.



Mixing raw material (Skill development)



Pickle is ready for sale





Cleaning RR vatika ↑↑



Spare time activity by Dr. Sham Singh Bains ↑↑



Enjoying Naati (Campfire)



Spare time activity by Ranger Shilpa ↑↑

## Day 4 (17-02-2025)

Written test and Hiking tour:

On the fourth day of the camp, a written test was conducted, covering the entire syllabus completed during the camp. After the test, a hiking trip to Brahmoti was organized for the students. They were divided into two groups. The first group went ahead and marked hiking signs along the trail, which the second group followed. At Brahmoti, the students took a holy dip and enjoyed water fun activities. Afterwards, the group visited Gurudwara Bhabour Sahib and partook in langar prasad. The trip concluded with great enthusiasm and joy.



Flag off by Principal Dr.Meeta Sharma





Kids Aadvik and Agstya enjoying

At Gurudwara Bhabour Sahib





### Day 5 (18-02-2025)

| Session | Time              | Name of the resource Person | Topic        |
|---------|-------------------|-----------------------------|--------------|
| I       | 10:00am-11:30am   | Dr.Ranju Banota             | Human Values |
| II      | 12:00 noon-1:30pm | Dr.Sham Singh               | First Aid    |
| III     | 2:30pm-4:00pm     | veledictory                 |              |

The **last day of the camp** was truly a **memorable and enriching experience** for all the participants. The day began with a session on **First Aid**, where students learned essential skills useful during **trekking or hiking**, ensuring they are better prepared for outdoor adventures.

Following this, a **Prize Distribution Ceremony** was organized. The **Principal, Dr. Meeta Sharma**, graced the occasion as the **Chief Guest**. She thoroughly visited the **exhibition** showcasing the various items and projects created by the students during the camp.

In her **address**, Dr. Sharma encouraged the students to actively participate in such camps and emphasized the importance of continuously **updating their skills** through hands-on learning and co-curricular activities.

To celebrate the successful completion of the camp, students also performed **cultural activities**, adding color and energy to the event. The Chief Guest distributed **prizes to the students who qualified the Pravesh Test**, acknowledging their achievement and dedication.

The camp concluded on a joyous note, as the students danced and celebrated together to the beats of the **DJ**, cherishing the moments and friendships built during the camp.



BP six exercises under the guidance of Ranger Shilpa



First aid demo



Chief Guest's welcome



Maa Saraswati poojan before valedictory function









Participants with Chief Guest Dr.Meeta Sharma

## Media Coverage



Punjab Kesri Dated :February 19,2025